

## Disability Income Insurance

# How to File a Short-term Disability Income Claim

Your disability plan helps protect your income in the event of a disabling illness or injury. If you become disabled, please follow the instructions below on how to file a claim with Mutual of Omaha.

In order to process your claim timely, all three sections of the claim submission must be completed and signed :

- 1 Section 1: Employee statement including authorizations to release information
- 2 Section 2: Employer's statement
- 3 Section 4: Attending Physician's Statement

## Finding Forms

### Find the Short-term Disability form online:

[www.mutualofomaha.com/support/forms](http://www.mutualofomaha.com/support/forms)

On the forms page, select I am a Plan Member (Employee) and choose your state. Under Disability Forms, select "Standalone Short-term Disability Claim form."

If you file online, select "Online Short-term Disability Claim Form - Employee Statement."

Or

Contact your HR Department

## Filing Options

### Fax/Paper

1. Select "Standalone Short-term Disability Claim Form" and print.
2. Complete your section and have your employer and physician complete their sections, sign.
3. Fax pages to Mutual of Omaha at [402-997-1865](tel:402-997-1865).

Or, scan the completed and signed forms and email to: [newdisabilityclaim@mutualofomaha.com](mailto:newdisabilityclaim@mutualofomaha.com)

### Online

1. Select "Online Short-term Disability Claim Form - Employee Statement."
2. Complete the online form by providing all requested information. We only accept Section 1 (Employee Statement) online.
3. Provide your physician's contact information (phone, fax, address) in the required field.
4. Select "Submit."
5. Print "Authorization to Disclose Personal and Health Information" forms.

Complete, sign and fax to [402-997-1865](tel:402-997-1865).

Or, scan the completed and signed forms and email to: [newdisabilityclaim@mutualofomaha.com](mailto:newdisabilityclaim@mutualofomaha.com)

### Employee Portal

1. Visit [mutualofomaha.com/my-benefits](http://mutualofomaha.com/my-benefits). Register for an account or log in with your credentials.
2. Click on the "submit claim" icon on the portal homepage.
3. On the forms page, select "I am a Plan Member (Employee)" and choose the relevant state.
4. Select the necessary form, then select "Complete form online".

### Phone

1. Call [1-800-877-5176](tel:1-800-877-5176) to start the claims process.
2. A customer service representative will complete Section 1 (Employee Statement) with you.
3. Provide your physician's contact information (phone, fax, address).
4. After the call, print "Authorization to Release Personal Information" form".
5. Completed, sign and fax to [402-997-1865](tel:402-997-1865).

Or, scan the completed and signed forms and email to:

[submitgrpdisinfo@mutualofomaha.com](mailto:submitgrpdisinfo@mutualofomaha.com)

Or, mail them to:

Mutual of Omaha Insurance Company  
Group Insurance Claims  
3300 Mutual of Omaha Plaza  
Omaha, NE 68175-0001

