

PRIEST BENEFITS GUIDE

2025



THE ARCHDIOCESE
OF KANSAS CITY IN KANSAS

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	Premier Plan In-Network	Direct Primary Care (DPC) & Nurse Navigation
Calendar Year Deductible	\$750	<i>\$0 Deductible & \$0 Coinsurance Options Available</i>
Calendar Year Out-of-Pocket Maximum	\$6,500	
Coinsurance	20%	
Routine Preventative Care	100% Covered	
Physician Office Visit	\$25 Copay	\$0 with Direct Primary Care
Specialist Office Visit	\$35 Copay	
Rehabilitation (PT, OT, ST)	\$25 Copay	
Mental Health	\$25 Copay	
Urgent Care	\$75 Copay	\$0 with Direct Primary Care or MyCatholicDoctor.com
Emergency Room	\$250 Copay, then Ded + Coinsurance (ded & coins waived if admitted)	
Inpatient Hospital Care	Ded + Coinsurance	\$0 with Nurse Navigation
Outpatient Hospital Care	Ded + Coinsurance	\$0 with Nurse Navigation
Chiropractic Care (20 visit limit per year)	\$25 Copay	
Labs	Ded + Coinsurance	\$0 at in-network independent lab
Imaging	Ded + Coinsurance	\$0 with Nurse Navigation

Premier Plan	Employee Per Pay Period	Employer Per Pay Period
Employee Only	\$0.00	\$266.00

This is a brief summary only. Certain restrictions and exclusions apply. For exact terms and conditions, please refer to your summary plan description found at archkckbenefits.com.

HOW TO GET STARTED

1. Go to <https://gateway.edisonehs.com/> in your web browser (use Chrome, Firefox, Edge, or Safari).
2. Click the bold blue text in the middle of the screen that reads "**Click here to register and/or enroll.**"
3. Click on the arrow to the right of "Portal" and select "**Member**" from the drop down menu.
4. Your screen should expand to show the information you need to fill in, then choose a password, complete all the requested information, and click "**SUBMIT.**"

Registration Code: Enter your full Member ID or the last four of your Social Security Number in the Registration Code field.

Username: You choose your own (email is commonly used).

Password: You choose your own. It must be a minimum of 11 characters and contain at least one lowercase letter, one uppercase letter, one number, and one symbol.

5. You will receive a confirmation email (at the provided email address); open that and click on the **blue confirmation link**.
6. You will see "Activating Your Gateway Account" on top, then click the "**Click Here to Activate Account**" button below.
7. Your account is now active. Click "**Click here to login.**"
8. At Login Screen, enter **your username & password** to log in.

HOW TO USE THE MOBILE WEB PORTAL

1. Goto <https://gateway.edisonehs.com/> on your preferred mobile web browser (Safari, Chrome, etc.)
2. **For iPhones** - click the **share icon**, scroll to the bottom and click "**Add to Home Screen**", click "**Add**" and it will add an app icon to your phone's home screen.

For Android - click the bar on the webpage that says "**Add to Home Screen**", a pop-up asks you to "install App" - click "**Install**" and it adds to your home screen.

MEMBERS@EDISONEHS.COM • 855.205.8452

OptumRx is the Pharmacy Benefit Manager for our prescription drug benefits. Your plan includes a list of prescription drugs that are preferred by the plan because they help control rising prescription drug costs. This list, sometimes called a formulary, has a wide selection of generic and brand name medications. This information can be accessed after benefits are active January 1, 2025. Members will need to register on OptumRx.com in order to view the Formulary Drug List.

You will want to use a participating retail pharmacy for short-term prescriptions (such as antibiotics to treat infections). Be sure to show your OptumRx's prescription benefit card to the pharmacist and pay your retail copayment for each prescription.

Long-term medications (those taken for three (3) months or more) may be filled through the OptumRx's Broad 90-day Pharmacy Network. You may fill your long-term medications at a local retail pharmacy like Walgreens, Target, Wal-Mart, and many grocery stores. OptumRx also offers a mail-order pharmacy option through their Home Delivery pharmacy, often called Mail Service Pharmacy. Specialty medications are filled through OptumRx's specialty pharmacy.

Your spend on prescription drugs counts for your maximum out-of-pocket.

Prescription Drugs	Premier Plan
Tier 1 Retail (30-day Supply)	Lesser of \$5 or actual cost
Tier 1 Mail Order (90-day Supply)	Lesser of \$15 or actual cost
Tier 2 Retail (30-day Supply)	25% of cost up to \$50
Tier 2 Mail Order (90-day Supply)	25% of cost up to \$50
Tier 3 Retail (30-day Supply)	40% of cost
Tier 3 Mail Order (90-day Supply)	40% of cost
Specialty Drugs	25% of cost up to \$300

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To find a participating retail pharmacy near you, contact OptumRx's Customer Service department at 855-524-0381 or log on to OptumRx.com
Hours of Operation: 24 hours a day, 7 days a week.

Pharmacy at your fingertips

The Optum Rx website and app are fast, easy and secure ways to get the information you need to make the most of your pharmacy benefit. Register for an online account and you can:

- Check drug prices
- Place a home delivery order
- Track home delivery order status
- Access and print your ID card

- Find a network pharmacy
- Sign up for automatic refills
- View claims and benefit information

Download the Optum Rx mobile app

Take the same **OptumRx.com** tools with you on the go by downloading the app. Manage your medication any time, anywhere.



Register now

To set up your online account:

1. Go to OptumRx.com or scan the QR code below
2. Select Register on the home page
3. Enter the information from your member ID card
4. Create a username and password
5. Complete your profile

If you already have an account, sign in using your username and password.



Scan here to go to OptumRx.com

Save time and manage your medication using these Optum Rx digital tools



Home delivery

- Transfer your prescriptions to Optum® Home Delivery and get a 90-day supply delivered to your home.
- Manage home delivery medication renewals, track delivery status and view your medications filled at a network pharmacy.
- See how you may save on your medications.



More features and tools

- Price a drug and compare costs from different pharmacies or find lower-cost alternatives.
- View your prescription drug list/formulary to see covered drugs.
- Use the Pharmacy locator tool to find the closest network pharmacy.
- View claims and benefit information like your deductible, out-of-pocket costs and claims history.
- Submit and track a prior authorization request.



Tell us how you want to hear from us

- Sign up for paperless communications.
- Opt in for personalized emails.
- Set up text message pharmacy notifications and medication reminders.

MEDICAL SUPPLIES

Medical Products & Services

Connect DME



ConnectDME is the leading provider of supplies direct to home. We are committed to caring and providing you solutions that make it easy to choose and receive the products needed to live your best life. We help keep life simple: from product awareness and order status, to insurance coverage details, we are advocates through the complexities of healthcare. For over 90 years, customers have trusted us to get supplies easily, urgently, and accurately.

- CPAPs, BiPAPs
- CPAP Supplies
- Nebulizers
- Joint & Back Braces
- Boot Walkers
- Knee-Wheelers
- Catheters
- Sleep Study
- Bone Stimulators
- TENS Units
- Cold/Heat Therapy
- Compression Therapy

FREE Shipping & handling and Next-day shipping FREE In-home setup and training

NO COST to you
Contact Nurse Navigators at
913-600-7150
913-600-7130

Diabetic Supplies



Diathrive opened in 1928 as a small corner pharmacy in Ohio and has grown to become a leading nationwide provider of medical supplies. Our decades of experience enable us to offer you the largest selection of products and brands, comprehensive insurance coverage and hassle-free ordering.

QUALITY DIABETES TESTING SUPPLIES

Supplies delivered straight to your door at NO COST to you.



- FDA-approved
- Accurate and reliable
- Delivered every 3 months

MyCatholicDoctor is a nationwide organization that brings a network of faithful medical professionals to you through video appointment (telehealth), at NO COST to you. We offer rapid access urgent care 24/7/365, as well as appointment-based visits. Appointment based visits will have NO COPAY and include both primary care and specialty care.

We can initiate your medical care virtually, order any necessary labs or imaging, and send prescriptions to any pharmacy of your choice. We practice evidence-based scientific medicine from a Catholic perspective and integrate Catholic spirituality into our care as appropriate to the situation.

\$0 for all members

to get started, scan the QR code or visit <https://mycatholicdoctor.com/archkck/>



No Password Required, No Special App



When can I use MyCatholicDoctor?

Choose our rapid access urgent care when:

- You need care now
- If you are considering the ER or urgent care center for a non-emergency issue
- You are traveling
- You need care during non-business hours

Smartphone access appointments by video or phone. Confidential visits available during evenings, weekends, and holidays.

Services Offered in Kansas & Missouri:

- Virtual Primary Care
- Men's Health
- Mental Health
- Functional Medicine
- Care for the Aging
- Covid Care
- Dermatology
- Addiction Care
- Cognitive Impairment & Dementia Services (KS only)
- Endocrinology
- Genetic Counseling
- Lifestyle Medicine (KS only)
- Palliative Care & End-of-Life Care
- Physical Therapy
- Podiatry (KS only)
- Sleep Medicine
- Vaccine and Medication Consultation
- Vestibular & Balance Physical Therapy
- Wellness Clinicians
- Wound Care

CONCIERGE NAVIGATION - Let's find the highest-quality doctors for YOU!

- Choosing facilities that deliver proven high-quality care
- Choosing doctors and facilities that gladly accept your health plan
- Help maximizing your benefits and reducing your out of pocket
- Understanding your diagnosis and treatment options
- When is a second opinion appropriate?

Call to find a provider & **BEFORE** you schedule care.

ELIMINATE YOUR DEDUCTIBLE & COINSURANCE

WHY SEEK QUALITY FIRST?

- **Less Misdiagnosis**
- **Lower Infection Rates**
- **Fewer Complications**
- **Lower chance of returning to hospital after being discharged.**
- **Reduced patient harm and death**
- **Less Cost**
- **Right Care, Right Time, Right Place.**

What qualifies for WAIVED DEDUCTIBLE & COINSURANCE under the Concierge Nurse Navigator program?

- **Imaging** – CT Scan, MRI, Ultrasound, Echocardiogram, etc.
- **Scheduled Inpatient/Outpatient Surgeries** – Hip Replacement, Heart Bypass Surgery, Knee Replacement, etc.
- **Scheduled Outpatient Procedures** – Colonoscopy, Heart Catheterization, etc.
- **Second Opinions** – with a highly qualified physician or Center of Excellence (i.e. cancer diagnosis or treatment, spine surgery or fusion, complex surgeries)

Contact your local Concierge Nurse Navigators

for assistance navigating the complex healthcare system.



Jill Stean, RN
913-600-7150 voice/text (HIPAA secure)
Jill@mynursenavigators.com



Jessica Zulauf, RN
913-600-7130 voice/text (HIPAA secure)
Jessica@mynursenavigators.com

You will love this new health benefit.

You now have the benefit of personalized, ongoing care from a primary care doctor without leaving the comfort of home!

Local doctor, \$0 copays, \$0 deductibles, Unlimited Visits

All NEW value-based Primary Care program means more time with your doctor for a Better YOU!

Use Direct Primary Care for:



Prevention & Wellness

Check in on your current health and make a personalized plan to stay healthy and strong.



Mental Health Services

Help for depression, anxiety and more

Disease Management



Support managing asthma, diabetes, hypertension, obesity, high cholesterol, smoking, COPD and more.



Urgent Care Issues

Talk to your doctor in minutes for sinus infection, UTI, cold, flu rash, headache and more.



Referrals, Tests and More

Our doctors can:

- Order labs, tests and screenings
- Provide sick notes and documentation
- Work with your Nurse Navigator for referrals to High-Quality specialists



Care on your time.

- direct access to your doctor
- text/consult your doctor directly
- convenient video/image consults
- schedule appointments directly via app



No Copays, No Hassles

This care & service is available 24/7/365 with a concierge physician who works for YOU. Primary care, disease management and urgent issues for adults.

As published by the *International Journal of Health Sciences, "**Primary Care is by far the most significant variable related to better health status, correlating with lower mortality, fewer deaths from cancer and heart disease, as well as a host of other beneficial outcomes"

DENTAL



Group #51636

The plan covers routine checkups and comprehensive coverage for other types of dental work you might need. Our plan also offers you the flexibility to seek treatment from any provider.

To find a Dentist...
Call
1-800-234-3375
Online
deltadentalks.com

Services	Description	Benefit Amount
Type I Procedures	Exams, cleanings, fluoride treatments (2 per year)	Plan pays 100% of the Maximum Plan Allowance; This benefit does not apply towards the Annual Maximum
Type II Procedures	Regular fillings (amalgam or composite), extractions, nonsurgical root canals	After the deductible is met, the plan pays 80% of the Maximum Plan Allowance
Type III Procedures	Inlays, crowns, dentures, implants	After the deductible is met, the plan pays 60% of the Maximum Plan Allowance
Type IV Procedures	Orthodontia services For adults	After the deductible is met, the plan pays 50% of the Maximum Plan Allowance up to a Lifetime Maximum Benefit of \$2,500
Annual Deductible	Applies to Type II, III, and IV Procedures	\$25 per person
Annual Maximum	Per covered person	\$2,500

Employee Cost per Pay Period	Employee Share	Employer Share
Employee Only	\$0.00	\$21.41

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Group #351035

Vision benefits offered through VSP. The Voluntary Vision program provides comprehensive coverage for all of your routine vision needs.

To find a VSP provider...
Call 1-800-877-7195

Benefit	VSP Network
Eye Exam	\$15 Copay
Materials	\$20 Copay
Lenses Single Vision Bifocal Trifocal	Covered in Full
Frames	\$175 allowance
Contacts Fitting & Evaluation Medically Necessary Elective	Up to \$60 Copay 100% Covered \$160 allowance
Frequency Exam Lenses Frames	12 months 12 months 24 months

Employee Cost per Pay Period	Employee Share	Employer Share
Employee Only	\$0.00	\$4.48

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EMPLOYEE ASSISTANCE PROGRAM

Group #948064

Personal issues, planning for life events, or simply managing daily life can affect your work, health and family, GuidanceResources provides support, resources and information for personal and work-life issues.

Sun Life provides services to assist in a wide range of work/life concerns.

- Workplace: Managing stress and career issues
- Emotional Well-being: Coping with grief and loss, or substance abuse
- Physical Health and Wellness: Handling health challenges of adults or children
- Daily Living: Managing personal finances or legal issues

Program Benefits:

- Confidential Counseling
- Financial Information Resources
- Legal Support and Resources
- Work-Life Solutions
- Guidance Resources Online
- Free Online Will Preparation
- Help for New Parents

The single source for confidential support, expert information and valuable resources, when you need it most. 24 hours a day.

Call: 877.595.5281 TDD: 1-800-697-0353

Online: guidanceresources.com

Web ID: EAPBusiness

Employer Name: ARCHD

WHEN TO USE YOUR EAP



**STRESS, GRIEF
OR LOSS**



**RELATIONSHIP
AND FAMILY
CHALLENGES**



**LEGAL OR
FINANCIAL
CHALLENGES**



**SUBSTANCE
DEPENDENCE OR
ADDICTION**

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RETIREMENT ACCOUNT

403(b)

Contributions

Active priests receive \$325 for their retirement plan paid monthly by their entity to Mutual of America beginning the first date of the priest assignment.

Although not required, you are encouraged to voluntarily contribute additional funds to your retirement plan.

Accessing Your Account

Log onto www.mutualofamerica.com/archkck to setup an account, review account balances, transfer assets among various interest and investment alternatives, or change your asset allocations. The website also provides recent performance results for all funds as well as fund objectives to help you make investment choices that match your needs and goals.



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MEDICARE

Qualifications:

- Age 65 and older
- Under age 65 with certain disabilities
- Any age with End-Stage Renal Disease

The Four Parts of Medicare



Part A Hospital Insurance

- Inpatient care in a hospital
- Inpatient care in a skilled nursing facility
- Hospice care
- Home Healthcare



Part B Medical Insurance

- Doctors' services – Primary and Specialists
- Outpatient Medical & Surgical services, supplies
- Clinical lab tests & diagnostic tests
- Durable medical equipment
- Preventive Services
- Expensive Drugs – Cancer/Rheumatoid Drips



Part C Medicare Advantage Plans

- Covers All Benefits/Services of Parts A&B
- Includes Part D Prescription Drug Coverage at No Premium
- Plans Provided by health Insurance Companies
- Plans have Copays & Coinsurance up to a Max. Annual Limit
- Includes Dental, Vision, Hearing,



Part D Medicare Prescription Drug Coverage

- Covers prescription medication
- All plans have a monthly premium that varies by plan
- All plans have a set 6 tier drug formulary
- You pay Copays or coinsurance on your prescriptions
- Some plans have a deductible of up to \$505 in 2023

When to enroll?

- Part A – 65th birthday. The IEP (Initial Enrollment Period) is a total of 7-month period when you are aging to 65. It includes the 3 months before 65, the month you turn 65 and the 3 months after age 65.
- Part B – Retire from active ministry. The SEP (Special Enrollment Period) is 60 days prior to the effective day after group coverage ends.
- Part C and D – not applicable to priests

How to enroll?

- Call 1-800-(Medicare) 633-4227
- www.ssa.gov via "MySocialSecurity" account
- If you have Part A but not Part B, Complete from 40 B
- Contact Sam George 913-634-4233 or Grant George 913-634-5268 with Medicare Done Professionally

CONTACTS

The Archdiocese of Kansas City in Kansas, in partnership with the following vendors, strives to meet your benefit needs. If you have any questions regarding your benefits please first contact your human resources office or Concierge Nurse Navigators before one of the listed vendors.

Human Resources:

913-721-1578



Concierge Nurse Navigators:

Jill Stean, RN: 913-600-7150

Jessica Zulauf, RN: 913-600-7130

Benefit	Vendor Name	Customer Service
Plan Administrator	Edison Health Solutions	855-205-8452
Network	Cigna PPO Network	Cigna.com
Prescription Drug Benefits	OptumRx	855-524-0381 OptumRx.com
Direct Primary Care	Nextera Healthcare	303-501-2600 care@nexterahealthcare.com
Nurse Navigation	Concierge Nurse Navigators	913-600-7150, 913-600-7130
Telemedicine	MyCatholicDoctor	888-822-8436 mycatholicdoctor.com/archkck
Dental Plan	Delta Dental of Kansas	800-234-3375 / 316-264-4511 deltadentalks.com
Vision Plan	VSP	800-877-7195 vsp.com
Employee Assistance Program (EAP)	Sun Life Financial	877-595-5281 guidanceresources.com
Retirement Account	Mutual of America	913-348-5335 mutualofamerica.com/archkck
Medicare	Medicare Done Professionally	913-634-4233, 913-634-5268



THE ARCHDIOCESE OF KANSAS CITY IN KANSAS

**For more information, or to view your benefits
online, please visit archkckbenefits.com**

