## **Getting Started**

Our Objective Today to Help You Understand the

A, B, C & D's

of Medicare from a Consumer's point of view

### What Is Medicare?

- Federal Health Program for people:
  - 65 and older
  - Under 65 with certain disabilities
  - Any age with End-Stage Renal Disease

Original Medicare Parts A and B were signed into Law on July 30, 1965, under Lyndon Johnson

### FIRST BABY BOOMER – Kathleen Kirschling

- Born 1 second past Midnight Jan. 1 1946
- 1st Boomer to file for Soc Sec Benefits
   October 2007
- 1st Boomer to file for Medicare October
   2010

Kicking off a 20-year span where **80 million**Americans will transition to Medicare

THAT'S 11 -14,000 PEOPLE A DAY
TURNING AGE 65 until 2030.
Current aprox. 64 mil in Medicare by 2030
will be over 80,000,000 WOW!!



# Who Runs Medicare?

Centers for Medicare & Medicaid
 Services – CMS
 CMS also operates Medicaid and
 The Affordable Care Act (OBAMACARE)

You Enroll via the Social Security
 Administration

#### The Four Parts of Medicare







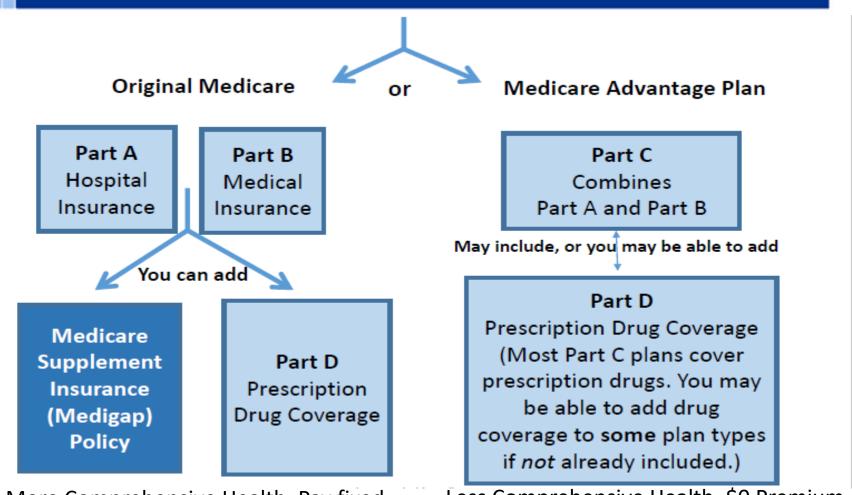


Part A
Hospital
Insurance

Part B Medical Insurance Part C
Medicare
Advantage
Plans (like
HMOs/PPOs)
Includes Part A,
Part B, and
sometimes Part
D coverage

Part D
Medicare
Prescription
Drug
Coverage

# You Decide which Way to get your Medicare Coverage – You Must have both Part A and B



More Comprehensive Health. Pay fixed premiums every month for Supplemental and Drug plans. No Value Added options

Less Comprehensive Health. \$0 Premium. Includes many Valued Added Benefits. Dental, Vision, HealthClub, OTC allowance

### Medicare Enrollment Periods

► Initial Enrollment Period IEP

This is the 7-month period when you are aging to 65. It is 3 months before age 65, the month you turn 65 and 3 months after age 65.

#### Applies to:

Part A and B of Original Medicare
Part D Prescription Drug plans and
Part C Medicare Advantage Plans and
Medicare Supplement/Medigap Plans

# Medicare Enrollment Periods (cont'd)

- You May be able to join at other times
  - Special Enrollment Period SEP
    - Work beyond age 65 and leave Employer Group Coverage whether Employee coverage or coverage as a Dependent NOTE: You do not have to leave employment

You can enroll in Part B (60 days prior) with Part B effective the day after Group Coverage ends

- You Move to another area
- You resided outside the US and moved back to US

# Medicare Enrollment Periods (cont'd)

> Annual Enrollment Period AEP

**Occurs** every year between

October 15 to December 7 (Coverage begins January 1)

**ONLY** Applies to:

Part D Prescription Drug Plans

Part C Medicare Advantage Plans

Important Annual Period for the rest of your Life

# **Enrolling in Medicare**



 You don't have to be retired – You Can continue to work and have Medicare.

## **Ways to Enroll:**

- You are Automatically enrolled if receiving
   Social Security benefits
- □ Call 1-800-(Medicare) 633-4227
- www.ssa.gov via "MySocialSecurity" account
- If you have Part A but not Part B Complete CMS form 40B

#### **Medicare Card**

- You will receive you card approximately 4 weeks after you enroll for Part A or A and Part B.
- If you have previously enrolled in Part A only, and then enroll for Part B you will receive a NEW card with the same ID number.



Medicare Number/Número de Medicare

1EG4-TE5-MK72

Entitled to/Con derecho a

HOSPITAL (PART A)
MEDICAL (PART B)

Coverage starts/Cobertura empieza

03-01-2016

03-01-2016



# Medicare 8 You 2022

The official U.S. government Medicare handbook





### Medicare.gov

The Official U.S. Government Site for Medicare

Sign Up / **Change Plans**  Your Medicare Costs

What Medicare Covers

Drug Coverage (Part D)

Supplements & Other Insurance Claims & Appeals

Manage Your Health

Forms, Help, & Resources

# Make the most of your 2021 coverage

See what Medicare covers

Find Health & Drug Plans

See how Medicare is responding to Coronavirus

Learn More



Log in/Create account

Access your Medicare account



2021 Medicare Costs

See basic Medicare costs for 2021



Find care

Search all providers & facilities



Want a new plan now?

See if you can join

# **Original Medicare**

- Part A (Hospital Insurance) helps cover:
  - Inpatient care in a hospital
  - Inpatient care in a skilled nursing facility
  - Hospice care
  - Home health care



- Doctors' services Primary and Specialists
- Outpatient medical & surgical services, supplies
- Clinical lab tests & Diagnostic Tests
- Durable medical equipment
- Preventive services
- Expensive Drugs Cancer / Rheumatoid Drips





#### Part B-Covered Preventive Services at 100%

- "Welcome to Medicare" preventive visit
- Annual "Wellness" visit
- Abdominal aortic aneurysm screening
- Alcohol misuse screening and counseling
- Behavioral therapy for cardiovascular disease
- Bone mass measurement
- Cardiovascular disease screenings
- Colorectal cancer screenings
- Depression screening
- Diabetes screenings
- Diabetes self-management training

- Flu shots
- Glaucoma tests
- Hepatitis B shots
- HIV screening
- Mammograms (screening)
- Obesity screening and counseling
- Pap test, pelvic exam, and clinical breast exam
- Pneumococcal pneumonia shot
- Prostate cancer screening
- Sexually transmitted infection screening (STIs) and highintensity behavioral counseling to prevent STIs
- Smoking cessation
- Covid Vaccine

## **NOT Covered by Part A and Part B**

- Long-term care
- Routine dental care including Dentures
- Hearing aids and exams for fitting hearing aids
- Routine Vision Care eye exams related to prescribing Glasses
- Cosmetic surgery

# Paying for Medicare Part A (Hospital Insurance)

- What does Part A cost?
  - Most people get Part A premium free
     If you or your spouse paid Federal
     Insurance Contributions Act (FICA) taxes
     at least 10 years
  - If you paid FICA less than 10 years
     You can pay a premium to get Part A

# What You Pay for Inpatient Hospital Stays

For each benefit period in 2022	You pay					
Days 1-60	\$1,556 deductible					
Days 61-90	\$389 per day					
Days 91-150	\$778 per day (60 lifetime reserve days)					
All days after 150	All Costs					

# What You Pay for Skilled Nursing Facility Care

For each benefit period in 2022	You pay
Days 1-20	\$0
Days 21-100	\$194.50 per day
All days after 100	All Costs

#### Must meet all conditions

- Require daily skilled services Not just long-term or custodial care
- Hospital inpatient 3 consecutive days or longer
- Admitted to SNF within specific timeframe Generally 30 days after leaving hospital

# Decision: Do I need to sign up for Part A?

#### Consider

- You get it automatically if getting Social Security/RRB
- It's premium free for most people based on Work History for and/or your Spouse
- You can pay for it if work history isn't sufficient
   In 2021 \$259 or \$471 per month
- If you/your spouse is actively working and covered by employer plan
- Maybe not if you have a Health Savings Account HSA

#### **HSA Contribution Limits 2021**

- HSA account holders can choose to save up to \$3,600 for an Individual and \$7,200 for a Family.
- Amounts are payroll deducted before tax
- HSA can be used to pay for Medicare B, C & D Premiums, out-of-pocket expenses for Deductibles, CoPays, Coinsurance, items Medicare does not cover –Dental, Vision, Hearing Aids, LTC premiums etc

**Note:** Premiums that are not an eligible expense – Medicare Supplements

# Medicare Part B What are your Costs?

- In Original Medicare Part B you pay
  - Yearly deductible of \$233 in 2022
  - 20% percent coinsurance
     No Maximum Out of Pocket Limit
  - Additional 15% charge above the Medicare Allowable Charge if Physician does not accept assignment

#### **Monthly Part B Premium**

IRMAA – Income Related Medicare Adjustment Amount / part of ACA You pay more for Part B and Part D based on Income

If your yearly inco	In 2022, each			
		month you pay		
File Individual Tax Return	File Joint Tax Return	Part B / Part D		
\$91,000 or less	\$182,000 or less	\$170.10 / N/A		
\$91,000.01 - \$114,000	\$182,000.01 - \$228,000	\$238.10/12.40=\$250.50		
\$114,000.01 - \$142,000	\$228,000.01 - \$284,000	\$340.20/32.10=\$372.30		
\$142,000 – \$170,000	\$284,000.01 - \$340,000	\$442.30/51.70=\$494.00		
\$170,000 - \$500,000	\$340,000 - \$750,000	\$544.30/71.30=\$615.60		
Above \$500,000	Above \$750,000	\$578.30/77.90=\$656.20		

**Note**: Premiums can be deducted from your Social Security benefit payment or if you are not taking Soc Sec, you are billed quarterly or can have a Monthly Automatic Bank Deduction.

# **Decision: Should I Sign up for Part B?**

- YES if you DON'T have Group Insurance coverage from your Employer
  - Note: If you DO have Group Insurance coverage from your Employer you want to **Delay** Part B unless your Employer has below 20 employees –

#### THEN PART B REQUIRED

- YES if you have Individual Medical Coverage and are turning age 65
- YES if your Group plan premium and out of pocket costs are more than what Medicare will cost.

# **Should I Sign up for Part B?**

#### You must have Part B

- If you want to buy a Medicare Supplement
- If you want to join a Medicare Advantage Plan

#### What if I have Veterans benefits?

If you don't sign up during your Initial
 Enrollment Period IEP – and decide to enroll at a later time you will have a Late Penalty
 Veterans Health is NOT considered Creditable Coverage by CMS

# **Enrollment in Part B beyond the age of 65**

- CMS started to require in 2016 that Individuals who enrolled in Part B beyond age 65 had to verify they had Creditable Coverage
- CMS requires that Form L564 is completed by your employer, and you submit to Soc Sec when you enroll in Part B
- In addition, CMS is requiring the Insurance Companys providing the Medicare Part C Advantage/Part D Drug Plans to verify creditable coverage was inforce on the prior plan.

# What Is a Medigap/Medicare Supplement Policy?

- Medicare Supplement Insurance Policies
  - Provided by Life and Health Ins Companies
- Fills Gaps in Original Medicare Part A & B
  - Deductibles, Coinsurance, Copayments
- There is a Monthly Premium
- There are up to 8 different plans to choose
   (10 plans if 65 prior to 1/1/20)
  - Each of the lettered plans have same health coverage no matter what Insurance Company
  - Premiums very by Insurance Company

#### MEDICARE FIRST ELIGIBLE BEFORE 2020 ONLY

F١

100%

100%

C

100%

100%

Blood (first three pints)	100%	100%	100%	100%	50%	75%	100%	100%	100%	100%
Part A hospice care coinsurance or copayment	100%	100%	100%	100%	50%	75%	100%	100%	100%	100%
Skilled nursing facility coinsurance			100%	100%	50%	75%	100%	100%	100%	100%
Medicare Part A deductible		100%	100%	100%	50%	75%	50%	100%	100%	100%
Medicare Part B deductible									100%	100%
Medicare Part B excess charges				100%						100%
Foreign travel emergency (up to plan limits)			80%	80%			80%	80%	80%	80%
Out-of-pocket limit					\$6,220	\$3,110				
1 Plans F and G also have a high deductible option, which require first paying a plan deductible of \$2,370 before the plan begins to pay. Once the plan deductible met, the plan pays 100% of covered services for the rest of the calendar year. High deductible plan G does not cover the Medicare Part B deductible. These high deductible options are not offered by Blue KC.										

K<sup>2</sup>

100%

50%

L<sup>2</sup>

100%

75%

M

100%

100%

Из

100%

100%<sup>3</sup>

**Benefits** 

used up)

copayment

Medicare Part A coinsurance and hospital coverage (up to an additional

Medicare Part B coinsurance or

365 days after Medicare benefits are

A

100%

100%

В

100%

100%

D

100%

100%

High deductible plans F and G count your payment of the Medicare Part B deductible toward meeting the plan deductible. 2 Plans K and L pay 100% of covered services for the rest of the calendar year once you meet the out-of-pocket yearly limit.

G<sup>1</sup>

100%

100%

<sup>3</sup> Plan N pays 100% of the Part B coinsurance, except for a copayment of up to \$20 for some office visits and up to a \$50 copayment for emergency room visits that do not result in an inpatient admission.

# When Is the Best Time to Buy a Medicare Supplement Policy?

- Usually During your OE Open Enrollment Period
- Your Medicare Supplement Open Enrollment Period begins when you're 65 or older and 1<sup>st</sup> enrolled in Part B
  - OE lasts 6 months (may vary by state)
  - You have protections Insurance Companies MUST sell you a plan with NO pre-existing health limitations
- You can also buy a Medicare Supplement policy whenever a company agrees to sell you one – typically subject to you satisfying their Medical Underwriting – i.e., Health Questions

#### **How Medicare Part D Works**

- In Acted in 2006 Available for all people with Medicare A and/or B
  - Stand Alone Medicare Prescription Drug Plans
  - Part of Part C Medicare Advantage Plans
  - Some other Medicare health plans i.e., people with Special Needs
- All Plans have a Drug formulary (List of Covered Drugs)
   and a 5 Tier Structure that Drugs in the Plan's Formulary are placed

#### Preferred Generic, Generic, Preferred Brand, Non-Preferred Drug and Specialty

- Every Plan must include at least 2 Drugs in each Medical category
- You pay the plan a Monthly Premium
- You pay Coinsurance and Copayments

You could have a late Penalty - Medicare calculates the penalty by multiplying 1% of the "national base beneficiary premium" (\$33.37 in 2022) times the number of full, uncovered months you didn't have Part D or creditable coverage. The monthly premium is rounded to the nearest \$. 10 and added to your monthly Part D premium.

# Part D Coverage Gap – Better known as the "Donut Hole"

- There are 4 levels of the Coverage Gap
- Deductible 2022 up to \$480 What triggers the Deductible is a
   Tier 3 Brand Tier 4 Non-Preferred Drug or a Tier 5 Specialty Tier Drug
- Initial Coverage Phase After Deductible you pay a Copay or Coinsurance until \$4,430 of total retail cost of drugs is reached in a calendar year.
- 3. Coverage Gap Phase you are responsible for entire cost of your Drugs after exceeding \$4,430 for next \$2,620. However, your Drugs are discounted 75% for Generic and Brand. You Pay the 25%
- 4. Catastrophic Phase when total retail costs reach \$7,050 in calendar year THEN your costs REDUCE to 5% of the retail price of your drugs for remainder of the calendar year.

# Part C – Medicare Advantage

- CMS has strong over site of these plans
  - Has to cover everything Parts A and B cover
  - Still part of the Medicare program
  - Offered by private Health Insurance Companies
- Medicare pays the Insurance Co a flat amount each month for the member's plan – On Avg. \$13,000 per annual subscriber in 2022
- Typically, will have to use a network of Doctors or Hospitals HMO's or PPO's. Usually NO DEDUCTIBLE – Just CoPays and Coinsurance
- Prescription Drug coverage is included
- Types of plans available will vary by networks, benefits and premium. Out-of-Pocket Max. expense in 2022 is \$7550
- May include extra benefits like Dental, Vision, Hearing Aids
   Health Club Dues, Transportation, OTC allowance, Meals

# **Should I Join a Medicare Advantage Plan?**

#### Other Considerations:

- You must have Medicare Part A and Part B to join
- You must live in the service area of the plan
- Each Year a Plan's Network of Doctor's and Hospitals can Change
- Each Year a Plan's Copays and Coinsurance and Drug coverage can change
- Most Plans require a Primary Care referral to see a Specialist
- Premium many plans have very low or even \$0 premium per month
- Can only join/leave plan during certain periods i.e., AEP

# Thank You



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